



Advanced Course U14 U15 U16 U17 Player Performance Matrix



The Green bars are moved left or right to indicate progress

BATTING OUTCOMES	BATTING PROCESSES	D	I	P
Boundary hitting	Creates a stable base from which to strike	██████████		
	Hands accelerate through the ball to create maximum bat speed	████████████████████		
	Weight is transferred effectively towards the target area	██████████████		
	Presents the full face of the bat on contact	██████████		
Ability to gap the ball/rotate the strike	Plays the ball late and 'beneath the eyes'	██████		
	Top hand stays in control of the shot (relaxed bottom hand grip)	██████████		
	Head remains still, watching ball closely onto bat	██████████		
	Positive footwork to open up scoring areas in front of/behind square	██████████████		
Solid defensive technique	Recognises a 'good delivery' and plays ball on its merit	██████		
	Has awareness / technique to leave the ball effectively outside off-stump	████████████████████		
	Plays the ball late and with soft hands to prevent catching chances	██████████		
	Moves feet into the appropriate position to defend off front and back foot	██████████		
Plays effectively against spin	Can 'read' the bowler's action and adapt shot selection accordingly	████████████████████		
	Uses the depth of the crease to hit square of the wicket on both sides	████████████████████		
	Confident to leave the crease to meet the ball on the full / half volley	██████████████		
	Uses the sweep shot to create pressure on the bowler / manipulate the field	████████████████████		
Plays effectively against pace	Watches ball closely (head position) and makes effective decisions	██████████		
	Moves feet into position early to establish a base for striking	██████████		
	Shows courage /determination – gets head into line against quicker bowlers	██████████████		
	Can use pace on the ball to rotate the strike	██████████		
Runs effectively in game situations	Hits through the line of the ball, with bat moving on a vertical plane	██████████		
	Understands how to call and respond to the call of their partner	████████████████████		
	'Watches' the ball throughout to assess how many runs can be scored	████████████████████		
	Runs quickly between the wickets to put pressure on the fielders	██████████████		
Can concentrate for long periods	Keeps emotions in check and shows ability to refocus for each delivery	██████████		

SPIN BOWLING OUTCOMES	BOWLING PROCESSES	D	I	P
Displays good control of line	Head remains still throughout the action, focussing on target	██████████		
	Approach and follow through is aligned – moves in straight lines	██████████		
Displays good control of length	Arms remain close to the body in the jump and gather	██████████		
	Releases the ball from the highest or optimum point for action	██████████		
Ability to spin the ball	High front (non-bowling arm) in pre delivery to retain strong posture	██████████		
	Adopts appropriate grip to type of action	██████████		
	Engages wrists, shoulders and hips to aid spin	██████████		
	Strong, vertical rotation of the shoulders until release	██████████		
Has a safe and repeatable action	'Completes' the action with full swing of the arms, momentum towards target	██████████		
	Creates a soft angle through approach allowing for maximum rotation	██████████		
	Shoulders, hips and feet are aligned throughout the bowling action	██████████		
	Energy Drives towards the target	██████████		
	Stays tall through the delivery stride (legs don't collapse on landing)	██████████		
Can execute one or more variations	Has the ability bowl a variation	██████████		
	Can alter length and pace effectively	██████████		
	Understands how and 'when' to use variations effectively	██████████		
Ability to execute game plans	Studies batters strengths and weaknesses and discusses with other bowlers	██████████		
	Can set appropriate fields for attacking and defending against RH/LH bats	██████████		
	Understands importance & can execute flight (to deceive the batsmen in the air)	██████████		

FIELDING OUTCOMES	FIELDING PROCESSES	D	I	P
Catches the ball with confidence	Presents big catching area with fingers spread and thumbs open	██████████		
	Keeps head still and eyes level – 'watches' the ball into the hands	██████████		
Intercepts the ball with confidence	Moves quickly towards the ball in a dynamic and balanced manner	██████████		
	Uses appropriate technique to stop the ball based on conditions	██████████		
Has a strong, safe and repeatable throw	Creates a wide and stable base, allowing weight transfer from front to back foot	██████████		
	Keeps strong front arm to encourage vertical shoulder rotation	██████████		